

## CLARITY™ Skin Rejuvenation Light™

Used by dermatologists and salon therapists worldwide, natural light therapy safely “washes out” skin problems.

The Clarity™ System is versatile:

- Combination of red and blue lights give your skin a healthy overall treatment.
- Removable bulbs let you intensify red light treatment or blue light treatment to focus on specific skin conditions.
- Portable and safe for use in the home or beauty salon.

Features:

- 3 Red Light Therapy Bulbs
- 3 Blue Light Therapy Bulbs
- Stable Table Base
- Wide Panel Reflectors

### PRODUCT CARE

Replace bulbs after 200 hours of use (this corresponds to 2 years of usage at 15 minutes per day). Replacement lamps can be ordered online at [www.naturebright.com](http://www.naturebright.com) or by calling NatureBright Customer Support Department at 1-800-622-0231 or distributors.

The Clarity™ Skin Rejuvenation Light is produced exclusively by NatureBright®.

Nature Bright Company

2600 Michelson Drive 17th Fl

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### Medical Disclaimer

NatureBright® products are not intended to replace treatments prescribed by your doctor. With any medical condition, consult your physician or health care provider. The material in NatureBright instruction manuals is provided for educational and informational purposes only and is not intended as medical advice. It should not be used to diagnose or treat any health problem. Contact your physician or health care provider with all medical questions.



NATURE BRIGHT®  
CLARITY™ Skin Rejuvenation Light  
Clear Skin Naturally™

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## OPERATING INSTRUCTIONS

The Clarity™ Skin Rejuvenation Light safely and effectively helps you develop a healthier, more clear complexion. In order to get the maximum benefits and care for your Clarity™ light, please follow these simple operating instructions.

### RECOMMENDED TREATMENT FREQUENCY

- The recommended exposure time is 15 minutes per treatment.
- The recommended frequency of treatments is 3 -5 times per week.
- Do NOT exceed 2 sessions per day without the recommendation of your dermatologist or aesthetician.

### SAFETY INSTRUCTIONS

- Before use, check to ensure that your voltage matches the voltage of the Clarity™. (120 V)
- Do not use in damp environments, including steam rooms and moist bathrooms.
- Do not touch bulbs when lamp is on. Allow lamp to cool down after use for a few minutes before moving.
- Do not open unit to change bulbs when the light is operating.

### HOW TO USE YOUR CLARITY™

For your safety and comfort, wear the Clarity™ Eye Protector Goggles each time you undergo light treatment.

1. To prepare for treatment, wash your skin well with a neutral soap and dry your skin carefully.
2. Sit comfortably on a chair. Place the Clarity™ on a table facing you.
3. Turn the timer knob clockwise and set it to 15 minutes. The light will turn on automatically.
4. At the beginning of each treatment session, verify that all 6 bulbs are lit. If one or more bulbs do not light, discontinue use and contact NatureBright® Service Department.
5. Position the eye protector. Make sure that it does not shadow any area intended for treatment.
6. Adjust the light so that the surface of the Clarity™ is between 2" - 4" from the surface of your skin. (Adjust your position so that your nose is at least 2" from the lamp's surface and your forehead or cheeks are no more than 4" from the surface.)
7. Move hair and jewelry off the area to be treated.
8. Relax and sit comfortably and quietly for the duration of the treatment. Minimize movement for best results. The timer will turn off automatically.

### PRECAUTIONS

- Do not use during pregnancy.
- Discontinue use if you notice any unexpected skin reactions, rashes, blemishes, or experience any discomfort. Consult your physician.
- Discontinue use if you experience eye irritation from the Eye Protector Goggles.

### AJUSTABLE THERAPY

The Clarity™ Skin Rejuvenation Light can be adjusted to give off only red light or only blue light. Follow up replacement instructions on page 4 to modify the intensity of red or blue light.

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## ANTI-BACTERIA BLUE LIGHT

### For PORE REDUCTION

### ELIMINATE BLEMISHES AND DARK SPOTS

Skin blemishes and impurities afflict both teens and adults. Spots can cause immediate discomfort and at times long term scarring. Spots appear when bacteria colonize in the pores of your skin, leading to inflammation, redness, skin eruptions, and lesions.

The best way to reduce pore size is to directly inhibit the growth of acne-causing bacteria. Natural light is one of the safest and most comfortable treatments for long term pore reduction. The American Academy of Dermatology and the British Journal of Dermatology have recently published on the therapeutic properties of blue light in treating blemishes and pimples.

The American Academy of Dermatology explains, "*Light gets at the core of what causes acne eruptions: P. acnes, bacteria responsible for causing acne inflammation.*" The specific frequency of blue light addresses the cause of acne pimples. In a complex chain reaction, blue light stimulates the production of a natural substance called porphyrin, which kills acne-causing bacteria. Working on this microscopic level, blue light stops acne growth at its source.

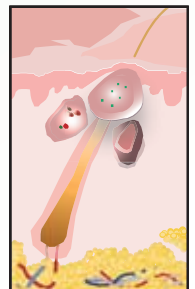
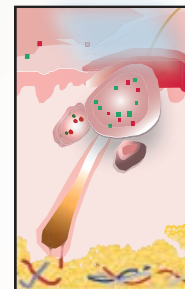
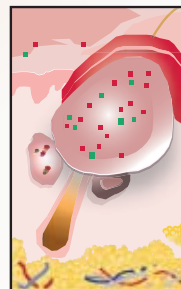
### Blue Light Therapy Effectively:

- Decreases pore clogging
- Reduces inflammation
- Clears up spots and blemishes

### Advantages of Anti-bacteria Blue Light:

- Comfortable and non-invasive
- Safe, harmless, and pain-free
- Supports the body's natural processes to eliminate the bacteria
- Generates no unpleasant heat or harmful UV rays

Note: See examples from left to right: *Before treatment, During treatment, After treatment.*



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## CLARITY™ SKIN REJUVENATION LIGHT CLEAR SKIN NATURALLY™

**REJUVENATE YOUR COMPLEXION QUICKLY & COMFORTABLY**  
As we grow older, our skin often is the first to show signs of wear. Harsh sun rays, air pollutants, skin disorders like acne, scarring eczema, and wrinkles leave their mark.

Aging or problem skin is commonly caused by free radical damage, the natural effects of the passing of time, and exposure to sun and the elements. There are genetic as well as environmental causes. Over the years, numerous treatments have been developed by doctors and aestheticians to restore healthy skin. Some involve painful or invasive techniques. Natural light used by Clarity™ has been shown to be one of the safest, fastest, and most comfortable skin rejuvenation programs available today.

The Clarity™ Skin Rejuvenation Light uses anti-bacteria blue light and anti-inflammatory red light to restore a clear, radiant, and youthful complexion. Short 15 minute per-day treatment sessions can significantly improve the quality of your skin, while fending off blemishes and signs of aging.

The Clarity™ Skin Rejuvenation Light Treats:

- Fine lines & wrinkles
- Dried & aging skin
- Blemishes, pores, and age spots
- Appearance of redness and uneven skin tone

Bathe your skin in natural light. Treat yourself to a soothing and effective skin rejuvenation system. Watch your fine wrinkles and lines dissolve away. See blemishes clear up. And start feeling more confident and beautiful.

***Greet the world smiling with  
smooth, clear, youthful skin!***

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## CLARITY™ SKIN REJUVENATION LIGHT CLEAR SKIN NATURALLY™

Used by dermatologists and salon therapists worldwide, natural light safely “washes out” skin problems.

The Clarity™ System is versatile:

- A combination of red and blue lights rejuvenates and replenishes your skin.
- Removable bulbs let you intensify red light or blue light to address specific skin problems.
- Portable and safe for use in the home.

Features:

- 3 Red Light Therapy Bulbs
- 3 Blue Light Therapy Bulbs
- Stable Table Base
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## ANTI-AGING RED LIGHT PROGRAM For NATURAL SKIN REJUVENATION

*Minimize the Appearance of Wrinkles –  
Replenish & Moisturize Your Skin*

We all age. Our bodies change and our skin becomes less flexible and resilient. This is a natural part of life. But skin can be replenished and regain some of its resilience. It is possible to look younger and lose premature wrinkles when you help your skin rejuvenate with red light therapy.

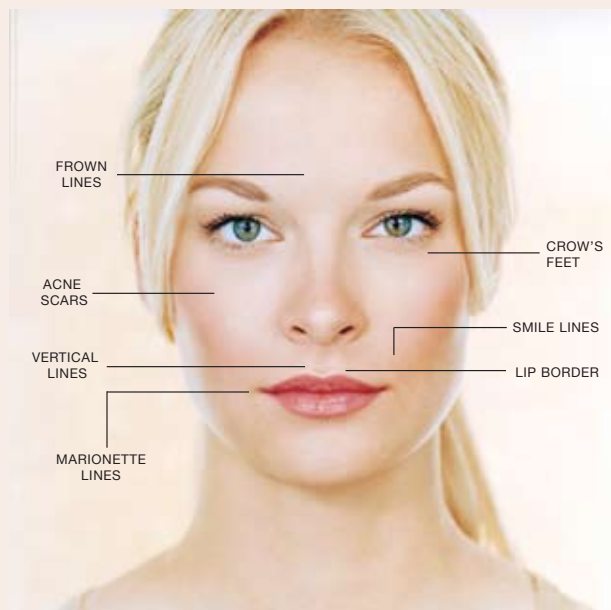
The science of skin aging works like this:

Collagen, a protein which supports the skin, diminishes as we grow older. As we age, our skin also dries and becomes thinner. It no longer can retain moisture as effectively as it once could. Exposure to harsh UVA and UVB sun rays over our lifetime also break down our skin's cellular resilience.

Red light therapy from the Clarity™ Skin Rejuvenation Light relies on a clinically proven treatment to help stimulate your skin cells. It encourages the production of natural collagen, and helps cells naturally repair themselves.

Use Red Light Therapy To:

- Smooth away the appearance of small lines and wrinkles
- Fade scars and facial pockmarks
- Stimulate cell renewal
- Replenish tired and aging skin
- Restore your youthful, radiant complexion



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## CLARITY™ SKIN REJUVENATION LIGHT

Look younger and feel healthier with a clear complexion from Clarity™

The Clarity™ Skin Rejuvenation Light is a hands-free skin rejuvenation system that uses safe light – **not** harsh UV light or laser light – to minimize pores, reduce wrinkles, and reveal a healthy, vibrant, and more youthful skin.

With its specially designed combination of red and blue light, Clarity™ works to nourish your skin in a holistic way.

Clarity™ is adjustable and customizable for your skin. It comes with 3 red and 3 blue bulbs for holistic complexion treatment. For more concentrated anti-bacteria therapy, you can replace the red bulbs with blue bulbs for intensive pore reduction. Alternatively, for deeper complexion work and wrinkle-reduction, you can replace the blue bulbs with red ones and work with intensified red light.

Who can benefit from safe light treatments?

- Adults with fine lines and wrinkles
- Women and men who enjoy the smooth bright look after a facial
- Men and women with age spots and skin redness
- Teens with blemished skin

How Long Are the Treatments?

*Recommended treatments are 15 minutes long, once a day.*

How Long Will It Take Before I See Results?

*You can see results after just a few sessions.*

Is Light Treatment Harmful in Any Way?

*Clarity™ uses safe and natural light to treat skin. It is comfortable and will not harm your skin in any way.*



CLASSIC MODEL



ANTI-AGING  
RED LIGHT



ANTI-BACTERIA  
BLUE LIGHT